

28th Annual Tri-State Child Care Conference



Guiding the Next Generation

For more information contact:

Nebraska Extension

1505 Broadway

P.O. Box 129

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Saturday,
October 7, 2017

8:00 AM - 4:00 PM

Marina Inn, Fourth and B Streets

South Sioux City, Nebraska



Special Thanks to:

- Area Child Care Providers



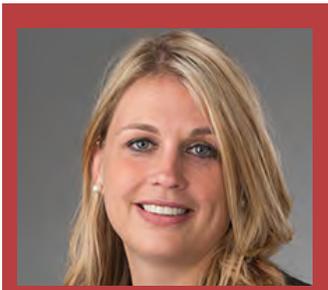
Target Audience:

- Child Care Providers (Home and Center)
- Preschool Teachers
- Kindergarten and 1st grade Teachers
- Child Care Administrators and Directors
- Parents of Young Children

If any of these describe you, don't miss out!



Michelle Rupiper's education is in developmental psychology and early childhood special education. Her research interests are in teacher preparation, specifically how to help pre-service teachers acquire the knowledge, skills and attitudes necessary to be effective and efficient teachers of young children.



Holly Hatton-Bowers is an assistant professor in child, youth and family studies and an early childhood extension specialist at UNL. Her primary areas of interest and scholarly activity include creating and implementing programs designed to enhance the quality of early childhood development and early care and education and to use strategies that cultivate resilience, compassion, and kindness among caregivers and families.

Schedule:

8:00 AM - 8:30 AM

Registration, Vendors and Exhibits Open

8:30 AM - 9:30 AM

Welcome and Keynote Address

Building a Foundation for a Child's Success: The Important Role of the Child Care Provider - Michelle Rupiper, Ph.D.

9:45 AM - 11:45 AM -- Morning Breakout Sessions

- It Takes a Village: Partnering with Parents of Challenging Children
- Mindfulness - Essential Strategies in Early Childhood
- Darkness to Light: Stewards of Children
- Creative Arts* - Part 2 (Must attend all 3 parts to receive credit)
- Creativity and the Brain

11:45 AM - 12:45 PM -- Lunch, Vendors and Exhibits Open

12:45 PM - 2:45 PM -- After Lunch Breakout Sessions

- Managing Big Emotions: Helping Children Develop Social Emotional Skills
- Trauma/Stress - Cultivating Well-Being
- From Bully to Buddy
- Creative Arts* - Part 3 (Must attend all 3 parts to receive credit)
- Reggio-Inspired Learning

3:00 PM - 4:00 PM -- Afternoon Breakout Sessions

- Untangling Emotions from Behavior
- Mud, Marvelous Mud! Benefits of Mud Play
- Connecting Animals and Children for Social-Emotional Learning
- Integrating Movement and Literacy for Early Learning
- Drum Fit for Kids
- Powerful Play: Encouraging Child-Led Learning

*Part 1 will be held on Thursday evening at the Dakota County Extension Office. Must complete all 3 parts to receive credit. See session description for additional details.

All sessions approved for licensing requirements for Iowa, South Dakota, and Nebraska child care providers. CEU credits are not available.

Conference Day Tips:

- Due to new statewide regulations, you will no longer be able to switch sessions after the registration deadline of SEPT. 22, 2017.

- Please dress in layers as room temperatures may fluctuate. Business casual dress encouraged.
- As a professional courtesy, please leave cell phones and electronic devices off or in silent/vibrate mode.
- In consideration to all participants and speakers, please limit talking during sessions.
- Credit for each speaker will only be given when you are in the room during the ENTIRE session.

Session Descriptions

It Takes a Village: Partnering with Parents of Challenging Children

Dr. Michelle Rupiper -- Partnering with parents and other family members takes hard work but also provides many rewards. Family members know their child better than anyone, so the relationships you have with them are as important as the relationship you have with their child. This session will explore strategies to partner with parents to best serve the needs of children with challenging behaviors.

Mindfulness - Essential Strategies in Early Childhood

Dr. Holly Hatton-Bowers -- Caregivers' abilities to attend, connect and cultivate compassion has important impacts for children's well-being. This session provides mindfulness strategies and tools to promote caregiver self-regulation, compassion, kindness and managing stress.

Darkness to Light: Stewards of Children

Abbie Shanle -- This training program teaches adults to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for organizations that serve youth and for individuals concerned about the safety of children. It is the only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change protective behaviors.

Creative Arts: Early Learning Guidelines Track

Kary Pfeil -- Creative experiences for children birth to age five opens a door for the application of individual ideas, feelings, thoughts, self expression, imagination, and appreciation of cultural diversities. Learn how you can set the stage for music, art, movement and dramatic play. Discover how you can utilize open-ended experiences that will help children develop across all areas of learning and expand their thinking and problem solving skills as well. This track requires attendance in the Thursday evening session along with the two sessions on the day of the conference. The Thursday evening session will be held at the Dakota County Extension Office from 6:30-8:30 pm on October 5, 2017

Creativity and the Brain

Sarah Roberts -- Did you know that the fastest rate of brain development occurs from birth to age three? Learn to tap into brain science to bring out creativity in yourself and in the children in your care.

Managing Big Emotions: Helping Children Develop Social Emotional Skills

Dr. Michelle Rupiper -- Little kids come with big emotions. Sometimes these big emotions can be overwhelming for a child and result in things like meltdowns and aggressive behaviors. And then you may experience some big emotions of your own! This session will present ideas to help children develop self-regulation skills to better manage their big emotions.

Trauma/Stress - Cultivating Well-Being

Dr. Holly Hatton-Bowers -- Trauma and hurt can impact the developing child in many important ways. This session examines ways that caregivers can connect with children and help them to regulate and access the skills important for children's well-being.

Speakers and topics are subject to change. Participants will receive 6 hours of credit for attending the conference. If attending the Thursday night ELG session, an additional 2 hours will be awarded.

From Bully to Buddy

Carrie Gottschalk -- Bullies aren't born, they're created. This presentation addresses the stages of "becoming a bully", including highlighting how early this process often begins in young children. We'll then discuss strategies for breaking the trajectory in an effort to transform aggression into healthy self-esteem.

Reggio-Inspired Learning

Sarah Roberts -- Explore the Reggio approach using hands-on activities, real-life examples and project based learning. Take home ideas to use immediately to spice up your in-home or center childcare.

Untangling Emotions from Behavior

Carrie Gottschalk -- What makes strong emotions so difficult? They often evoke challenging behaviors! How do we address the behavior, while still honoring the feeling? This presentation addresses the difference between emotions and behaviors and presents strategies for adults to help children learn how to manage both.

Connecting Animals and Children for Social-Emotional Learning

Sarah Roberts -- Everyone loves animals, but did you know that animals can actually benefit children by helping them develop social-emotional skills? Discover the excitement of using animals in your early childhood setting.

Mud, Marvelous Mud! Benefits of Mud Play

Michelle Rupiper -- Oh the joys of mud! Since the dawn of time children have been drawn to mud puddles and dirt as a part of their play. Many of us have fond memories of creating mud pies, digging for worms, or making streams and valleys in the mud. But it's not just about fun. Children benefit from messy, muddy play. Come and find out how to include mud play in your day!

Drum Fit for Kids

Tiffany Lamprecht -- Research shows that physical activity paired with mental exercise is the best combination for cognitive growth. DrumFIT combines exercise with many brain fitness components, such as spatial awareness, hand-eye coordination, and fine motor skills. Learn ways to use this program to keeps kid excited, focused, and motivated to move.

Integrating Movement and Literacy for Early Learning

Dr. Holly Hatton-Bowers -- This session provides information about the benefits of yoga and mindfulness for young children as well as sharing activities to practice yoga with toddlers on the move.

Powerful Play: Encouraging Child-Led Learning

Kalie Vanderzyden -- Have you been to LaunchPad, the children's museum in Sioux City? This session will give you an overview of the STEM activities available at the museum. Learn what it means for an activity to be child-led and try out a few on your own!



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Please note your registration is not complete until payment is received.

When registering, please include individual emails for each participant.

Tri - State Child Care Conference

Saturday, October 7, 2017

Marina Inn, South Sioux City, Nebraska

Registration Information:

Registration Fee: \$38 by **September 22, 2017**.

Registration is \$43 if postmarked on or after September 23, 2017.

No onsite registration available. Pre-register early to be sure you have a spot!

Complete online registration and mail in payment to address below with list of attendees for this payment:

Nebraska Extension

P.O. Box 129

Dakota City, NE 68731

Phone: (402) 987-2140

Please make checks to: Nebraska Extension

...and justice for all

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Many materials can be made available in alternative formats for ADA clients. To file a complaint of discrimination, write USDA, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call 202-720-5964.

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Nebraska Extension in Dakota County