



# save the date

Join Us!

June 17, 2017  
UNL-East Campus  
Lincoln, NE

Energizing Early Childhood  
Professionals in Shaping  
the Health of the Whole  
Child

## Target Audience:

- Early Childhood Professionals
- Agencies working with Early Childhood Programs
- Public Health Staff
- Nurses and Dietitians

## Offering 6 Hours

In-Service Hours/CEU's

Learn about the connections between proper nutrition and physical activity on child development and quality early education!

## Registration Link:

<https://goo.gl/forms/OBZpr6NLw3tdmRwN2>

## KEYNOTE SPEAKERS

Rae Pica, The Value of the Whole Child-  
Thinking, Feeling and Moving

Dean Kostelnik- PhD, UNL,  
College of Education and Human  
Sciences

Networking - Resources- Contact Hours





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Topic and Speaker	Time
Registration, Breakfast and Welcome -Breakfast: Fruit, Assorted Muffins, Juice and Coffee	Registration and Breakfast- 8:30- 9:00 Welcome- 9:00- 9:10
Key Note- Rae Pica The Whole Child- Thinking, Feeling, Moving	9:10- 10:40
<b>Morning Breakout Sessions-</b>	
Infant Feeding: Breastfeeding and Intro to Solids- UNL Speakers	10:45- 11:45
Farm to Preschool- Sarah Smith, NDE, and Big Gardens Staff	
Healthy Snacking/CACFP Menu Updates (Repeats in PM)- Chef Cyndie	
Moving and Learning Across the Curriculum- Rae Pica	
<b>Lunch:</b> Provider success stories video and Exhibits	12:00 to 1:00
Key Note- Dean Marjorie Kostelnik Early Childhood Education Professionals, Creating the Future	1:15 – 2:15
<b>Break and Snack-</b> Fresh vegetables, popcorn and beverage service	2:15-2:30
<b>Afternoon Breakout Sessions-</b>	
Outdoor Education and Active Learning - NE State Game and Parks, Monica Macoubie	2:30- 3:30
Physical Activity Ideas for Infants and Toddlers - UNO, Danae Dinkel	
Healthy Snacking/CACFP Menu Updates (Repeating from AM)- Chef Cyndie	
Crediting Whole Grains/Using Whole Grains in CACFP- Kayte Partch, NDE/Nutrition Services	
Communicating Healthy Messages with Families - Buffet Early Childhood Institute	
<b>Closing Remarks</b> 3:30-3:45	

Networking - Resources- Contact Hours