

August 2017

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ESU #1

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Building for the Future

Building on Success

Another school year is upon us, which means All Staff Days are set! I've listed the dates and times for Opening Days below, so be sure to mark your calendars:

- Thursday, August 3 ~ Certified and Licensed Staff Orientation @ Central Office
8:00 a.m. to 3:00 p.m.
- Friday, August 4 ~ Classified Staff Orientation @ Central Office
8:00 a.m. to 3:00 p.m.
- Monday, August 7 ~ All Staff Opening Day @ Wayne State College
8:00 a.m. to 4:00 p.m.

Also, check your email for the Agenda and Parking Pass that Bill sent off...if you haven't already.

You should have received paperwork related to your employment for the 2017-18 year in the mail already. As Lisa requested in her email of July 18, any signed forms are due back no later than August 7. Please contact Lisa if you have any questions.

Are you in need of any lanyards, staff IDs, or business cards? Let me know and I will have everything available Monday. I will also be available for anyone who'd like to have an updated staff picture taken.

I recently emailed an apparel form in case anyone is interested in ordering. We have some great new options this year that I think you'll like! Samples will be available on Monday for trying on, and links to catalogs are included

on the form to look at color choices, size charts, etc. Any checks need to be included with your completed order form and should be made out to Absolute Screen Art.

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Strap on your tool belt and get your hard hat ready, its time to build a successful year!

AUGUST HAPPENINGS

Happy Birthday!!!

Anna Dawson	3rd
Kim Bruns	4th
Megan McGlone	4th
Nicole Swain	4th
Juli Paquette	7th
Anita Muller	9th
Kara Starzl	18th
Kaylee Frey	19th
Angela Billheimer	23rd
Kim Benorden	29th

Central Office

Fall Hours

begin Monday,

July 31st

7:30 am -

4:30 pm

ESU #1 Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Level I Bus 5:30-10:30	2 MIP's @ WSC Central PSP 1-2:30 Level I Bus 5:30-10:30	3 All Staff Opening Day	4 All Staff Opening Day Develop Lang/Lit @ WSC	5
7 All Staff Day @ WSC	8 Autism Trng @ SSC PEP Grant 8:30- noon	9 Autism Trng @ SSC COM 9-10 Level II Bus 6-9	10	11	12
14	15	16 Central PSP 1-2:30	17 Perkins Coord. 8:30-10:30	18	19
21 PST 8-3	22	23 COM 9-10	24	25 Strategies for SPED Services @ WSC	26 Safe with You @ LLLC
28	29 Principals' Mtg	30 Superintendents' Mtg	31		

STAFF NOTES

It's a
GIRL!



Congratulations!

Caitlin Roussan, a School Psychology Intern, and James Ruley, are the proud new parents of a baby girl. Addilyn Mae Ruley was born on June 28, 2017, at 11:30 a.m., weighing in at 7 lbs. 2 oz. and 20.5" long.

Everyone is home and doing well...but tired!



Upcoming construction on the ESU#1 facility in Wakefield is scheduled to start this week. The main entrance to the building will be inaccessible, so look for the signs pointing to a temporary front entrance on the east side of the building. Be aware that parking will be at a premium as there will be minimal spots available in both the front and back parking lots. In addition, there may be some scheduled events relocated or adjusted once we know the construction schedule. We will try to keep you up-to-date on the progress of construction.



Elevate Status Update

We are getting closer every day to our Elevate incentive goal for ESU #1. Currently, we have 45 employees who have completed all the guidelines to receive their \$150 incentive. We also have 25 employees who have met all guidelines but have not submitted their doctor signed PHA form. As we gear up for the new school year, things get busy, so don't forget to get your paperwork in sooner rather than later.

A Good Night's Sleep - August 2017

Sleep is a basic necessity of life; it is as important to our health and well-being as air, food and water. When we sleep well, we wake up feeling refreshed, alert and ready to face daily challenges. When we don't, every part of our lives can suffer. All registrants participating in this challenge will receive Dr. Brian Seaward's book *A Good Night's Sleep*.

Challenge Guidelines:

- Read *A Good Night's Sleep* - 127 pages
- Sleep 7-9 hours each night.
- Time begins when you get into bed and ends when you get out.

Winners - June 2017 Read the Label

EHA Winners: Melissa Henrich
 Sheila Becker
 Megan Rahn
 Diana Ruiz

ESU #1 Winners: Karla Drotzmann
 Kimmy Mickelson

Winners - 2nd Quarterly Challenges

EHA Winners: Sheila Becker

ESU #1 Winners: Chris Good (Exercise for Energy)
 Caleb Mattson (Eat for Health)
 Diana Ruiz (Sleep for Success)
 Sara Ruwe (Hydrate for Power)

Congratulations to all our winners for a job well done during these challenges!

Please contact any of our Wellness Committee members with any questions.
Diane, Chris, Arianne, Tracey and Diana